



RECOGNITION

SERVPRO STUDENT ATHLETE SPOTLIGHT OF THE WEEK



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RYAN FRASER
SENIOR, CHESHIRE HIGH SCHOOL

STUDENT ATHLETE SPOTLIGHT OF THE WEEK

8/29/24

- 4-YEAR VARSITY DEFENSEMAN ON THE 2024 CIAC DIVISION II CHAMPION CHESHIRE RAMS VARSITY HOCKEY TEAM; HE ALSO PARTICIPATED IN TRACK AND FIELD
- 3-TIME CLASS SENATOR IN CHS STUDENT GOVERNMENT
- MEMBER OF BRAVE, A STUDENT CLUB DEDICATED TO HONORING AND RESPECTING OUR MILITARY VETERANS
- LINK CREW AT CHS, HELPING WELCOME FRESHMEN DURING ORIENTATION DAY AND THE FIRST DAY OF SCHOOL
- LEVEL 3 USA HOCKEY OFFICIAL, WORKING YOUTH AND JUNIOR HOCKEY GAMES AROUND THE AREA

DMHAS COACH OF THE MONTH (FOCUS ON MENTAL HEALTH)

APR '24

JUSTIN BLOOD

HEAD COACH - BOYS LACROSSE
NORTH HAVEN HIGH SCHOOL





"Here at North Haven lacrosse, the sport is about more than Xs and Os. All student-athletes that play for the program know that 'it's not about lacrosse.' This saying was coined by the late Frank Barron, one of the most influential individuals for lacrosse in the state of CT.

The life skills and character-building is developed through the time spent with these young men is the true meaning of the sport.

Lacrosse brings people and community together as it was intended to, by the fathers of the game. Lacrosse is a game of mental fortitude and helps to shape and develop young adults with a strong moral compass and tools to positively impact their mental readiness and wellness.

Mental readiness and wellness are encompassed in our program's ethos."