



# STUDENT ATHLETIC ADVISORY BOARD

CAS-CIAC is excited to announce the fourth year of the Student Athletic Advisory Board. An offshoot of the successful “Class Act Schools” initiative, the statewide advisory board empowers students to promote good sportsmanship within their leagues and to address other issues regarding athletics.



In addition, students will be able to share their respective experiences and highlights so that they can learn from each other and take great ideas back to their own leagues. Students will now have a voice to promote and improve respect, teamwork, and character in all of our Class Act schools and beyond



## Purpose

- Educate students, staff, parents and spectators on what the expectations are for a Class Act School
- Voice all concerns dealing with athletics within the different schools
- Have dialogues about the positive aspects of athletics and brainstorm ways to make it even better
- Develop and implement ideas for promoting good sportsmanship state wide

## Students

- The SAAB will consist of 6 students from each league
  - 6 students with each student representing a different school within the league
- Student requirements
  - Complete an application provided by CAS-CIAC
  - Write a letter of interest
  - Submit a recommendation letter from a teacher,
  - Submit a recommendation letter from a teacher, coach, or any staff member

## Meetings

- Meetings will be in-person at CAS Headquarters, 30 Realty Drive, Cheshire, CT. Meeting dates are: October 22, 2024; December 17, 2024; February 25, 2025; April 1, 2025; and May 13, 2025



**Berkshire League**

The Gilbert School, Winsted  
Housatonic Valley Reg. High School, Falls Village  
Litchfield High School  
Nonnewaug High School, Woodbury  
Northwestern Regional High School, Winsted  
Shepaug Valley High School, Washington Thomaston  
High School, Thomaston

**Capital Region Athletic League**

Academy of Aerospace & Engineering (AAE), Windsor  
Academy of International studies, Bloomfield  
Academy of Science & Innovation, New Britain  
Achievement First Charter High School, Hartford  
Bulkeley High School, Hartford  
Capital Preparatory High School, Hartford  
Classical Magnet School, Hartford  
CREC Academy of Comp. Sci & Engineering, Enfield  
Hartford Magnet Trinity College Academy, Hartford  
Parish Hill High School, Chaplin  
University High School of Science and Engineering  
Weaver High School, Hartford

**Central Connecticut Conference**

Avon High School  
Berlin High School  
Bloomfield High School  
Bristol Central High School  
Bristol Eastern High School  
East Catholic High School, Manchester  
East Hartford High School  
Enfield High School  
Farmington High School  
Glastonbury High School  
Hartford Public High School  
Lewis Mills High School, Burlington  
Maloney High School  
Manchester High School  
Middletown High School  
New Britain High School  
Newington High School  
Northwest Catholic High School  
Plainville High School  
Platt High School, Meriden  
RHAM High School  
Rocky Hill High School  
Simsbury High School  
Southington High School  
Tolland High School  
Wethersfield High School  
Windsor High School

**Connecticut Technical Conference**

Abbott Technical High School  
A.I. Prince Tech. High School,  
Bullard Havens Technical High School, Bridgeport  
E.C. Goodwin Tech. High School, New Britain  
Eli Whitney Technical High School, Hamden  
Ella Grasso Southeastern Tech. High School, Groton Emmett  
O'Brien Tech. High School, Ansonia  
Harvard Ellis Tech. High School, Danielson  
H.C. Wilcox Technical High School, Meriden Howell Cheney  
Technical High School, Manchester  
J.M. Wright Technical High School, Stamford  
Norwich Tech. High School  
Oliver Wolcott Tech. High School, Torrington  
Platt Tech. High School, Milford  
Vinal Technical High School, Middletown  
W.F. Kaynor Tech. High School, Waterbury  
Windham Tech. High School

**Eastern Connecticut Conference**

Bacon Academy, Colchester  
East Lyme High School  
Griswold High School  
Killingly High School  
Ledyard High School  
Lyman Memorial High School, Lebanon  
Montville High School  
New London High School  
Norwich Free Academy  
Plainfield High School  
Putnam High School  
Robert E. Fitch High School, Groton  
Saint Bernard School, Uncasville  
Stonington High School  
Tourtellotte Memorial High School, No. Grosvenordale  
Waterford High School  
Wheeler High School, North Stonington  
Windham High School  
Woodstock Academy

**Fairfield County Interscholastic Athletic Conference**

Brien McMahon High School, Norwalk  
Danbury High School  
Darien High School  
Fairfield Ludlowe High School  
Fairfield Warde High School, Fairfield  
Norwalk High School  
St. Joseph High School, Trumbull  
Stamford High School  
Staples High School, Westport  
Westhill High School, Stamford  
Trumbull High School  
Wilton High School



*Class Act*

SPORTSMANSHIP



*Respect – Teamwork - Character*

**Independent**

Warren Harding High School

**Naugatuck Valley Conference**

Derby High School

Holy Cross High School, Waterbury

John F. Kennedy High School

Naugatuck High School

Oxford High School

Seymour High School

St. Paul Catholic High School, Bristol

Torrington High School

Waterbury Career Academy

Wolcott High School

Woodland Regional High School, Beacon Falls

**North Central Connecticut Conference**

Canton High School

Coventry High School

East Granby High School

East Windsor High School

Ellington High School

Granby Memorial High School

Rockville High School

Somers High School

Stafford High School

Suffield High School

**Shoreline Conference**

Coginchaug Regional High School, Durham

Cromwell High School

East Hampton High School

Lyme-Old Lyme High School

Haddam-Killingworth High School, Higganum

Nathan Hale Ray High School, E. Haddam

North Branford High School

Old Saybrook High School

Portland High School

The Morgan School, Clinton

Valley Regional High School, Deep River

Westbrook High School

**South Western Conference**

Bethel High School

Brookfield High School

Bunnell High School, Stratford

Immaculate High School, Danbury

Joel Barlow High School, Redding

Kolbe-Cathedral High School, Bridgeport

Masuk High School, Monroe

New Fairfield High School

New Milford High School

Newtown High School

Notre Dame Catholic High School, Fairfield

Pomperaug High School, Southbury

Stratford High School

Weston High School

**Southern Connecticut Conference**

Academy of Our Lady of Mercy - Luralton Hall, Milford

Amity Regional High School

Branford High School

Cheshire High School

Daniel Hand High School, Madison

East Haven High School

Fairfield Preparatory

Hamden High School

Joseph Foran High School, Milford

Jonathan Law High School, Milford

Notre Dame High School - West Haven

North Haven High School

Sheehan High School, Wallingford

Shelton High School

West Haven High School