



# HEALTH & PHYSICAL EDUCATION NEWSLETTER

## CTAHPERD CONFERENCE CALL FOR PROPOSALS

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Please consider presenting a workshop at this fall's CTAHPERD Conference. President Geri-Ann Ristow is looking for dedicated professionals to share their talents and best practices to continue to move our profession forward. She stated that the conference needs presentations on Health Education topics in particular. Submit your proposals today! <https://casci.ac/10759>

Apply to present here:



## WEBINAR: BEST PRACTICES IN SKILLS-BASED HEALTH EDUCATION

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Michelle Rawcliffe is hosting a webinar, "Best Practices in Skills-Based Health Education" on Tuesday, October 15, 2024 at 1:00 pm ET for Health Literacy Month.

**REGISTER NOW**

<https://casci.ac/10768>

## HOW SQUATS HEAL YOUR BODY

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This video is an advertisement BUT IT STILL HAS a lot of good variations and information.

<https://casci.ac/10769>

## VACANCIES

4

**STRATFORD:** 6 Elementary Health/PE, Must hold 043 and 044 endorsements.

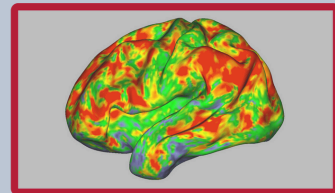
**APPLY NOW**

**TORRINGTON:** 1.0 FTE open position for a Health/PE teacher at Torrington High School, [Contact Amanda Torres, atorres@torrington.org](mailto:atorres@torrington.org).

## NYT ARTICLE: THIS IS LITERALLY YOUR BRAIN ON DRUGS

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<https://casci.ac/10766>



## ARTICLE: PLAYING YOUTH SPORTS LINKED TO BETTER MENTAL HEALTH

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<https://casci.ac/10765>

## ICE CREAM: THEY TRIED TO WARN US!

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<https://casci.ac/10767>

