



2023-24 Annual Report
MIDDLE LEVEL BOARD OF CONTROL
Submitted by Dr. Alicia Bowman, CAS Associate Executive Director
Tiffany Caouette, Assistant Executive Director

Middle-Level Board Meetings

The Middle-Level Board of Control met virtually this year for general discussions of topics of interest and concern to members, including school climate and culture and the legal language around bullying and restorative practices. The Board was instrumental in providing ideas, input, and feedback to the Center for Leadership and Innovation.

NAESP and NASSP National Leadership Conference and Virtual Capitol Hill Day This year, the NAESP and NASSP National Leadership Conference took place in person in Washington, DC, and an advocacy team of principals from Connecticut attended meetings with Congressional leaders and their staffers.

Professional Development

The Middle-Level Board of Control regularly engaged in discussions about professional development. Member feedback from surveys and other sources was used to drive decisions. Middle-level board members also participated in the Center for Leadership and Innovation Planning Summit in April, which led to a strong outline of professional development for the next year. Details on the professional development offerings are included in the [Center for Leadership and Innovation Annual Report](#).

Student Activities

The Middle Level Leadership Conference was held at Naugatuck Valley Community College in Waterbury. Over 300 students, advisors and administrators were in attendance and gave very positive reviews. Students and advisors participated in extensive leadership training, fun anti-bullying activities, diversity awareness, and community service initiatives to bring back to their schools. For more details, see the [CT Student Activities Conference Annual Report](#).

2023-2024 Middle Level Awards

The Connecticut Association of Schools staff were excited to present the following awards and recognitions:

- Middle School Principal of the Year: Dr. Kristy Zaleta, Rogers Park Middle School, Danbury
- Middle School Assistant Principal of the Year: Jarrid Clifton, Timothy Edwards Middle School, South Windsor
- William Cieslukowski Outstanding First-Year Principal: James Crouch, Nathan Hale Middle School, Norwalk
- CAS 2023 Middle School of the Year: Mabelle B. Avery Middle School, Somers / Principal: Margot Martello