

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
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2011
48th ANNUAL GIRLS VOLLEYBALL TOURNAMENT REGULATIONS



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THE VOLLEYBALL TOURNAMENT INFORMATION IS ARRANGED IN TWELVE (12) SECTIONS.

- 1.0 DIVISIONS**
- 2.0 SITES/DATES**
- 3.0 ENTRY PROCEDURES**
- 4.0 EXPENSES/TICKETS**
- 5.0 FORFEITS**
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CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
2011 GIRLS VOLLEYBALL TOURNAMENT

ALERT PAGE

1. Warm-up routine – First ten minutes – both teams warm up
Six minutes – determined by first team serving
Six minutes – other team warms up

Teams may use the six minute warm-up periods as they choose.

2. **MEMBER SCHOOLS MUST MAKE EVERY EFFORT TO COMPLETE THEIR SEASON AS SCHEDULED INCLUDING MAKE-UP GAMES. ANY EFFORT TO GAIN AN ADVANTAGE IN TOURNAMENT PLAY BY NOT PLAYING A GAME IS UNACCEPTABLE AND IS SUBJECT TO ACTION BY THE CIAC BOARD OF CONTROL. CANCELLATION OF ANY REGULAR SEASON CONTEST / MAKE-UP TO PLAY IN A LEAGUE TOURNAMENT WILL NOT BE ALLOWED.**
3. CIAC member school athletes in the sport of volleyball may not participate in any outside tournament(s) or event(s) during the CIAC season. The season begins with the first scheduled game and ends with the state championship. CIAC rules permit a student-athlete to participate in non-school volleyball activities when their regular season concludes, unless her team is in the CIAC tournament. Players restrictions end when her team is eliminated from the CIAC tournament. This includes two on two, three on three, beach volleyball or other similar events/tournaments. Participation in such events will result in loss of eligibility for the athlete and possible forfeit of games played by the school in which the athlete played after participating in an outside event. (CIAC Handbook -- Athletic Administration – 4.29.N)
4. **Connecticut Concussion Management – See Appendix G**
5. **Tournament Coaches Attire** – The following dress requirements are in effect for the 2011 CIAC volleyball tournament. NO jeans are permitted during pre-game warm-ups or while on the bench; no head wear is permitted; no shorts are to be worn and t-shirts as an outer garment are not permitted. **Warm-up suits (with the exception of sweat pants) are permitted.**

2011-12 NFHS VOLLEYBALL RULE CHANGES

1-3 new 3	Outlines the procedure for scoring when a vacant position rotates to serve in the right back position due to the team playing with fewer than six players as a result of illness, injury or disqualification.
2-1 new 9 and 10	Adds the definitions for playable and non-playable areas and stipulates the first referee has the authority to identify other area(s) as unsuitable for play.
3-1-1	The overall width and length of the net may now fall within a range with the width being 36 inches to 39 inches and the length being 31 feet, 6 inches to 33 feet.
3-1-1	The plain white tape along the top of the net shall be 2 inches up to 2 3/4 inches wide. A white net sleeve, no wider than 3 3/8 inches, with the school name, insignia, school mascot and/or advertising may be installed along the top of the net.
4-1-5	Expands the style of items that may be worn in the hair to include unadorned flat barrettes no longer than 2 inches.
5-1-3	Once the match is concluded, the referees continue to maintain administrative responsibilities through the completion of any required reports or correspondence related to action occurring during the match. If necessary, the state association may intercede due to unusual incidents after referees' jurisdiction ends or the match is terminated prior to conclusion of regulation play.
5-2-1 new NOTE 2	The individual state association may make a temporary adjustment in the official's uniform and permit the wearing of a white, long-sleeved, collared polo shirt or sweater to address cold conditions within competition facilities.
Volleyball Signals #1 Case Book	The illegal alignment signal shall be used for a libero replacement after the whistle/signal for serve. It is also used to communicate a penalty being assessed for failing to submit an accurate lineup.

Major Editorial Changes

4 New Note	Clarifies the authority and criteria for the state association to authorize exceptions to the playing rules to provide a reasonable accommodation to individual participants.
8-1-1	Reference to a "let" serve is removed from the rules and replaced with language indicating a serve contacting and crossing the net entirely within the antennas remains in play.
9-5-5 Note	An illegal back-row attack is called when the ball completely crosses the net or is contacted by the opponent.

Points of Emphasis

1. Referee stand
2. Libero Uniform
3. Host school providing assistant officials
4. Suspended net systems

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

48th ANNUAL CIAC GIRLS VOLLEYBALL TOURNAMENT

1.0 **DIVISIONS**

1.1 Only institutional members of the Conference may enter this tournament which will be in four (4) divisions. Placement of schools has been based on the 9-12 girl enrollment as shown in the 2010-11 CIAC Membership Directory.

LL -669 and over L - 515 - 668 M - 354 - 514 S - Up to 353

1.2 The 2011 Girls Volleyball Championships will be played using an Open Tournament format and rally scoring.

2.0 **DATES/SITES/MEET DIRECTORS**

2.1 Member schools may start practice on, but not before, Saturday, August 27, 2011.

2.2 Member schools may play the first game on, but not before, Tuesday, September 13, 2011.

2.3 The last date for games to count for the 2011 Girls Volleyball Tournament will be Thursday, November 3, 2011.

2.4 **Scheduled Playing Dates for the 2011 Girls Volleyball Tournament**

First Round	Monday, November 7, 2011
Second Round - M & S	Wednesday, November 9, 2011
Second Round - L & LL	Thursday, November 10, 2011
Quarter-Finals - M & S	Friday, November 11, 2011
Quarter Finals - L & LL	Saturday, November 12, 2010
Semi-Finals - M & S	Wednesday, November 16, 2011
Semi-Finals - L & LL	Thursday, November 17, 2011
Finals - S -- 7:00 p.m.	Friday, November 18, 2011
Finals - M-- 1:00 / L -- 4:00 / LL -- 7:00 p.m.	Saturday, November 19, 2011
Finals Site -- All divisions -- TBA	

2.5 For first round, second round and quarter-final matches the higher ranked school will provide the site.

2.6 If the higher ranked school does not have a site which conforms to National Federation Rules the Tournament Director will decide where the match will be played, in which event match expenses and officials fees will be paid by the CIAC. All gate receipts are to be forwarded to the CIAC office.

2.7 For Semi-finals and Final Games -- Site selection priority for semi-final matches will be at a neutral site. All division finals will announced. No consideration will be given to previous experience on the facility. Gate receipts are to be forwarded to CIAC office. The higher ranked team will be declared the home team in all situations.

3.0 **ENTRY PROCEDURE**

3.1 **GAME RESULTS** -- Must be submitted on a weekly basis (scores for all games through Saturday must be entered no later than the following Monday) via the password-protected online eligibility center.

Note: Schools may set up access codes in the eligibility center to allow coaches to submit scores via the web site without requiring the school's main eligibility center password. Game scores are the only information that may be submitted in this manner.

- 3.2 **CHANGE OF DIVISION FORM** -- Optional, if filed must be by September 30, 2011 via the password-protected online eligibility center.
- 3.3 **SITE AVAILABILITY FORM** -- Must be submitted via the password-protected online eligibility center by September 29, 2011.
- 3.4 **TOURNAMENT ROSTER** – Must be submitted via the password-protected online eligibility center by **Friday, October 28, 2011**. Any request for changes after the initial roster is submitted must be made on a “support ticket” via the online eligibility center. (Maximum number of 18)
- 3.5 **ENTRY FEE** -- There is a \$75.00 entry fee per school. Checks are to made payable and mailed to CIAC, 30 Realty Drive, Cheshire, CT 06410. If a team does not qualify for the tournament the entry fee will be returned. If a school needs an invoice in order to pay its tournament fee, one can be downloaded by using the “Generate Tournament Invoice” link under the girls volleyball options in the password-protected online eligibility center.
- 3.6 **QUALIFYING RECORD** -- **Win 40% of games** against member schools, eligible out-of-state schools and the American School for the Deaf.
- 3.7 **LAST DATE TO COUNT** -- Regardless of regular season postponed games, the date of THURSDAY, November 3, 2011 **MUST BE THE FINAL DAY TO COUNT** for the tournament. All games played after the entry form has been submitted, must be completed, and scores reported via the password-protected online eligibility center by 10:00 p.m., Thursday, November 3, 2011. All schools are requested to report all scores regardless of qualifying for the tournament.

4.0 EXPENSES/TICKETS

- 4.1 Expenses for all FIRST ROUND AND SECOND ROUND MATCHES will be borne by the participating teams. The host team will pay all game expenses including officials and shall provide the site director who should be someone other than the coach. The visiting team will pay its own traveling expenses.
- 4.2 Expenses for quarter-final, semi-final and final matches will be paid by CIAC. CIAC will require admission to be charged at quarter-final games and gate receipts are to be forwarded to the CIAC office. CIAC tickets for the quarter-final games will be delivered to the school prior to the game by CIAC.
- 4.3 Schools will bear all traveling expenses.
- 4.4 The host school will pay all official and lines person fees for first and second round matches. CIAC will pay all official and lines person expenses for quarter-final, semi-final and final matches.
- 4.5 Charges for admission*

Free	-- Children five (5) and under
(*Subject to change)	\$5.00 -- Senior citizen (age 65 and older)
	\$5.00 -- Students (grades 1-12)
	\$8.00 -- Adults (All others not in the above categories)
- 4.6 If in the first round and second round games schools wish to charge admission they should notify the Principal and Athletic Director of the visiting school in advance.

- 4.7 During the 2011 Tournament, the following passes will be honored at all games where an admission is charged.
- a. CIAC Volleyball Pass (girls head varsity volleyball coach must request from CIAC and provide a self-addressed stamped envelope)
 - b. Principal (or designee) of participating schools with CAS membership card
 - c. Press Card
 - d. CIAC Volleyball Officials' membership card
- No other complimentary admissions will be permitted.
- 4.8 Complimentary admissions will be afforded teams that qualify from the quarter-finals on. Teams must arrive as a group and the coach must present a list of players who are to gain free admission. The list is to be checked as the players enter as a group. Each school competing in the tournament will receive ten (10) complimentary tickets AT THE SITE, to be given to school personnel only - such as supervisors, bus drivers, administrators, etc.

5.0 FORFEITS

- 5.1 Member schools will be required to submit regular season schedules for all sports controlled by CIAC in which member schools participate. Determination of forfeitures will be based on this schedule.
- A forfeit game shall count as a victory for the team declared the winner and as a loss for the team declared a loser in determining tournament qualifications and ratings. For tournament qualifications only the following reasons for a forfeit shall be accepted.
- 5.2 A team shall forfeit a game or games if through a violation it is required to do so under the CIAC Rules of Eligibility.
- 5.3 A team shall forfeit a game if the game official declares the game a forfeit as a result of a National Federation rule violation, or a team refuses to play after being instructed to do so by the game official.
- 5.4 Forfeitures will be honored by each CIAC sports committee when there is mutual agreement between the Principals of the two schools involved in the game not played. Each Principal must submit on the official CIAC Canceled Game - Forfeiture Form his/her decision and it must be received in the CIAC office within 72 hours following the time of the scheduled contest. On the eve of a tournament when there is not sufficient time for normal administrative procedures (72 hours) if a question of team forfeiture arises the Executive Director or his designee, in consultation with the Chairperson of the sports committee affected and the Principals of the two schools will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.
- 5.5 All games listed on the original schedule and submitted to the CIAC which are not played and have not been forfeited in accordance with this policy will be considered by each sport committee as No Contest and shall not count for tournament qualification and ratings unless it affects the minimum number of games required to qualify for tournament participation. In this instance the sport committee shall review the evidence submitted by the teams involved and may grant an exception from the minimum game number requirement. The minimum winning percentage as determined by the individual sports committee must be met under all circumstances.

6.0 OFFICIALS

- 6.1 By October 14, 2011 each varsity head coach, regardless of won or loss record is invited to submit via the password-protected online eligibility center, a list of five (5) officials who are judged to be competent to officiate tournament games. In addition two officials may be listed who you judge should not work tournament games. From the suggestions a Master List of Officials will be developed which will be used to hire available officials.
- 6.2 **The CIAC Officials Coordinator will hire game officials for tournament games starting with the quarter-final, semi-final and final matches.** Home schools will contact their assigner for first and second round games. Each school will provide one lines person for the first and second round games. The CIAC Officials Coordinator will hire lines persons for the quarter-final, semi-final and final matches.
- 6.3 Each team must bring a competent scorer and libero tracker for each match. Certified volleyball officials will be used as linesmen for all quarter-final, semi-final and final matches. The CIAC Volleyball Assistant Tournament Director for Officials is Barbara Startup -- Home telephone (860) 646-7552 / Cell (860) 331-3672 – Email – barbarastartup@sbcglobal.net .
- 6.4 THE CIAC VOLLEYBALL COMMITTEE RECOMMENDS THAT THE LINES JUDGES FOR FIRST AND SECOND ROUND GAMES BE QUALIFIED AND EXPERIENCED.

7.0 PROTESTS

- 7.1 Each sports committee will establish a protest committee whose purpose will be to adjudicate all protests relating to the operation of the tournament, including the application and administration of tournament regulations. National Federation or CIAC game rule interpretations and judgments by the game officials cannot be protested. The Protest Committee for each sport shall consist of the Assistant Executive Director for CIAC, the Chairman of the Tournament Committee, an administrator member of the sports Committee, the Tournament Director, and the Coaches' Chairman on the sport Committee. All Protest Committee decisions are appealable to the CIAC Board of Control as provided in the CIAC By-laws.
- 7.2 On the eve of a tournament when there is not sufficient time for normal administrative procedures and Board of Control hearings, if a question of interpretation of tournament regulations or the operation of the tournament arises, the Chairman of the CIAC Board of Control, the Executive Director of CIAC, and the Chairman of the Tournament Committee in question will make an appropriate ad hoc decision in consideration of the best interest of the tournament as a whole.
- 7.3 DECISIONS BY GAME OFFICIALS -- Protests arising from the decisions, interpretations and misapplication of the National Federation or CIAC game rules by officials during the contest will not be considered. The decisions and interpretations of the rules by the officials are final.

The record of the official scorekeeper at the conclusion of the contest is final unless an error is discovered. Such error shall be corrected as covered by specific contest rules.

Any team leaving the contest area before the conclusion of the contest because of dissatisfaction with the officiating will render the school liable to disciplinary action by the Conference.

8.0 QUALIFYING

- 8.1 To be eligible for consideration in the tournament, a team must play a minimum of twelve (12) matches AGAINST VARSITY OPPONENTS and have **won 40%** of its approved scheduled games played. Only the first two games played with any single opponent will count for tournament purposes.

- 8.2 Only matches played with Conference member schools, American School for the Deaf, or Region I out-of-state schools who are members of their state athletic association shall be considered.
- 8.3 Matches played with non-member Connecticut secondary schools shall not be considered in the rating of teams.

9.0 RANKING/SEEDING

- 9.1 a. The rating of teams shall be determined by the percentage method: The number of matches won divided by the number of matches played.
- b. Ties will be resolved in the following order:
- 1) Record in head-to-head competition.
 - 2) Total matches played.
 - 3) By lot.
- 9.2 When more than one team is undefeated, the team with the most wins WILL be ranked first.
- 9.3 A TEAM MAINTAINS ITS INITIAL PERCENTAGE RANKING THROUGHOUT THE TOURNAMENT.
- 9.4 Pairings will be made as follows:

<u>First Round</u>	<u>Second Round</u>	<u>Quarter-finals</u>	<u>Semi-finals</u>	<u>Finals</u>
1 vs 32				
16 vs 17	1 vs 16			
8 vs 25		1 vs 8		
9 vs 24	8 vs 9		1 vs 4	
4 vs 29				
13 vs 20	4 vs 13			
5 vs 28		4 vs 5		
12 vs 21	5 vs 12			1 vs 2
2 vs 31				
15 vs 18	2 vs 15			
7 vs 26		2 vs 7		
10 vs 23	7 vs 10			
3 vs 30			2 vs 3	
14 vs 19	3 vs 14			
6 vs 27				
11 vs 22	6 vs 11			

If more than 32 teams qualify, the following qualifying pairings shall be as follows. These pairings will be in effect for the 2011 tournament.

If 33 teams	If 34 teams	If 35 teams	If 36 teams
32 vs 33	32 vs 33	32 vs 33	32 vs 33
	31 vs 34	31 vs 34	31 vs 34
		30 vs 35	30 vs 35
			29 vs 36

If fewer than 32 teams qualify, the higher ranked teams will draw byes for the first round.

- 9.5 ***Ranking and Pairing information will be posted on the CIAC web site on Friday, November 4, 2011 -- casciac.org***

10.0 SUPERVISION/SPORTSMANSHIP

- 10.1 In the interest of crowd control and proper supervision the CIAC Board of Control has approved the tournament regulation requiring the principal of the participating schools or his/her designee to attend all tournament matches. The school administrator or designee should identify him/herself to the site director.
- 10.2 When a member school's coach is ejected from a game for an infraction as prescribed by the rules, the game may not continue until the member school replaces the ejected coach with a certified coach. If this cannot be accomplished within 15 minutes after the ejection, the official in charge will declare a forfeit win for the opposing team.
- 10.3 Use of tobacco products or possession of alcoholic beverages of any kind, including champagne, are not permitted in any of the sites. The principal or his/her designee at the match shall see that this rule is enforced and adhered to by the teams.
- 10.4 Bench Conduct
- Personnel -- Only coaches, players, other team members, statisticians, managers and trainers will be allowed in the bench area.
- Bench conduct will follow Rule 12, Article 6: "Non-playing team members will remain seated during the game."
- Conduct -- The above identified personnel shall not be outside the vicinity of the designated bench area.
- 10.5 Team members in uniform as well as sub varsity members identified by the coach, coaches, managers and cheerleaders accompanying the team will be admitted free of charge to each game. Bands and other musical groups, noisemakers that might interfere with the performance of the match, and banners or streamers are prohibited and each school principal is responsible for compliance with this regulation.
- 10.6 **Tournament Coaches Attire** – The following dress requirements are in effect for the 2011 CIAC volleyball tournament. NO jeans are permitted during pre-game warm-ups or while on the bench; no head wear is permitted; no shorts are to be worn and t-shirts as an outer garment are not permitted. **Warm-up suits (with the exception of sweat pants) are permitted.**

11.0 TIME OF GAMES

- 11.1 All tournament match starting times will be determined by the tournament director – exceptions made by tournament director only. The starting times for final matches will be announced. The time of the matches scheduled on Saturday or a holiday will be at the discretion of the Tournament Director.

12.0 TOURNAMENT RULES / PROCEDURES

- 12.1 Any team using a libero player must bring a libero tracker to all games as an assistant scorer at the scorer's table.
- 12.2 All contests shall be governed by the 2011-12 National Federation Volleyball Rules. All matches will be the best three-out-of-five in duration -- **WINNERS ADVANCE BUT HOME TEAM CALLS IN SCORES**

- 12.3 Each team qualifying for the tournament will be required to furnish a **Spalding TF5000** leather game ball. No other ball may be used for tournament play.
- 12.4 The decisions of the Volleyball Committee relative to the operation of the tournament shall be final.
- 12.5 Padding, as specified in the National Federation Rules, must be on standards, wall cables and referee's platform.
- 12.6 Teams in the tournament may tape or film matches in which they participate. No other teams may tape matches for scouting purposes.
- 12.7 Signs and Noisemakers -- The use of banners, placards, streamers, bugles, drums, whistles, etc., will not be allowed at tournament games.

12.8 **CIAC Late Entry Policy**

- **No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.**
- Corrections requested by a school to an entry form that was submitted by the established deadline, but prior to seeding/pairing data being published on the web site, will be assessed a fee of \$50 dollars per correction to a maximum of \$250 dollars.
- All requests for corrections must be submitted on a support ticket via the online eligibility center. **No phone requests will be considered.**

Tournament Regulations Violations

If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of \$500 may be imposed upon the school before entry into the tournament will be allowed.

- 12.9 **A WHITE BALL WILL BE USED FOR ALL SEMI-FINAL AND FINAL GAMES.**

APPENDIX A

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

30 Realty Drive, Cheshire, Connecticut 06410

2011 VOLLEYBALL TOURNAMENT DIVISIONS

Placement of schools has been based on the 9-12 girl enrollment as shown in the 2010-11 Membership Directory. If your school is not listed and you have a volleyball team, or if your team is listed and you have dropped volleyball, please call the CIAC office.

LL Division -- 669 and over (36)

Bridgeport Central	1166
Bristol Eastern	685
Bridgeport - Warren Harding	676
Cheshire	740
Danbury	1412
Darien	669
East Hartford	863
Fairfield Ludlowe	801
Fairfield Warde	675
Glastonbury	1122
Greenwich	1294
Hamden	958
Hartford Public	728
Manchester	940
Middletown - Mercy	683
New Britain	1279
New Canaan	692
New Milford	749
Newington	731
Newtown	863
Norwalk	751
Norwalk - Brien McMahon	876
Norwich Free Academy	1260
Ridgefield	874
Shelton	779
Simsbury	740
South Windsor	713
Southington	1022
Stamford	892
Stamford - Westhill	1183
Trumbull	1138
West Hartford - Conard	761
West Hartford - Wm. Hall	767
West Haven	758
Westport - Staples	902
Woodbridge - Amity Reg.	784

L Division -- 515-668 (36)

Avon	559
Berlin	518
Branford	576
Bridgeport - Bassick	524
Bristol Central	646
Colchester - Bacon Academy	534
East Lyme	615
Enfield - Enrico Fermi	539
Farmington	633
Groton - Fitch	651
Guilford	567
Hartford - Bulkeley	515
Hebron - RHAM	542
Madison - Daniel Hand	617
Meriden - Maloney	625
Meriden - Platt	554
Middletown	664
Monroe - Masuk	664
Naugatuck	666
New Haven - Wilbur Cross	575
North Haven	642
Southbury - Pomperaug	662
Storrs - E.O. Smith	611
Stratford	521
Stratford - Bunnell	606
Torrington	521
Vernon - Rockville	544
Wallingford - Lyman Hall	641
Waterbury - Crosby	644
Waterbury - Kennedy	652
Waterbury - Wilby	628
Watertown	522
Wethersfield	583
Wilton	622
Windsor	622
Woodstock Academy	580

M Division -- 354-514 (37)

Beacon Falls - Woodland	387
Bethel	495
Bridgeport - Bullard Havens	441
Brookfield	500
Burlington - Lewis Mills	407
East Haven	470
Ellington	406
Enfield	370
Granby Memorial	395
Griswold	354
Hamden - Sacred Heart Academy	487
Hartford - A.I. Prince	400
Killingly	419
Ledyard	477
Manchester - East Catholic	371
Milford - Foran	507
Milford - Luralton Hall	437
Milford - Jonathan Law	467
Montville	357
New Haven - Career	425
New Haven - Hillhouse	472
New Fairfield	503
New London	451
Plainfield	409
Plainville	421
Redding - Joel Barlow	513
Rocky Hill	379
Suffield	467
Tolland	449
Trumbull - St. Joseph	403
Wallingford - Sheehan	477
Waterford	460
Weston	412
Windham	363
Winsted - N.W. Reg.	435
Wolcott	449
Woodbury - Nonnewaug	454

No Team

If your school now has or no longer has a girls volleyball team, please notify the CIAC office.

Baltic - Ac. of Holy Family	56
Canton	262
Chaplin - Parish Hill	78
Danbury - Immaculate	179
Derby	178
East Granby	131
East Windsor	185
Hartford - Capital Prep	88
Hartford - University	141
Litchfield	178
Litchfield - Wamogo	216
Old Saybrook	275
Portland	166
Somers	288
Stafford	283
Stamford Academy	55
Stonington	276
Thomaston	166
Thompson - Tourtellotte	188
Uncasville - St. Bernard	139
Washington - Shepaug Valley	143
Waterbury - Sacred Heart	163
Westbrook	145
Windsor Locks	282

S Division -- Up to 353 (46)

Ansonia	350
Ansonia - Emmett O'Brien	150
Bloomfield	291
Bolton	184
Bridgeport - Kolbe-Cathedral	168
Bristol - St. Paul Catholic	161
Clinton - Morgan School	270
Coventry	281
Cromwell	311
Danbury - Abbott Tech	201
Deep River - Valley Reg.	316
Durham - Coginchaug	296
East Haddam - Hale Ray	209
East Hampton	275
Fairfield - Notre Dame Catholic	213
Falls Village - Housatonic Valley	248
Groton - Grasso Tech	245
Hamden - Eli Whitney	251
Hartford - Classical	219
Hartford - Sport & Medical Science	221
Hartford - Weaver	316
Higganum - Haddam Killingworth	322
Killingly - Ellis Tech	141
Lebanon - Lyman Memorial	288
Manchester - Cheney Tech	148
Meriden - Wilcox Tech.	292
Middletown - Vinal Tech.	181
Milford - Platt Tech.	290
New Britain - Goodwin Tech	222
New Haven - Hyde Leadership	45
New Haven - Amistad	
North Branford	346
No. Stonington - Wheeler	102
Norwich Tech	238
Old Lyme	231
Oxford	307
Putnam	137
Seymour	324
Stamford - Trinity Catholic	195
Terryville	241
Torrington - Wolcott Tech	237
Waterbury - Holy Cross	349
Waterbury - Kaynor Tech	301
W. Hartford - N.W. Catholic	337
Windham Tech	203
Winsted - Gilbert School	179

GIRLS VOLLEYBALL GAME RESULTS

Game results must be submitted on a weekly basis via the password-protected online eligibility center. Regardless of regular season postponed games, the date of Thursday, November 3, 2011, must be the final day to count for the tournament. **Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage in tournament play by not playing a game is unacceptable and is subject to action by the CIAC Board of Control. Cancellation of any regular season contest / make-up to play in a league tournament will not be allowed.**

CIAC member school athletes in the sport of volleyball may not participate in any outside tournament or event during the CIAC season. This includes two on two, three on three, beach volleyball or other similar events/tournaments. Participation in such events will result in loss of eligibility for the athlete and possible forfeit of games played by the school in which the athlete played after participating in an outside event.

GIRLS VOLLEYBALL SITE FORM

Site form must be submitted via the password-protected online eligibility center by September 29, 2011

GIRLS VOLLEYBALL OFFICIALS FORM

Schools may recommend five (5) officials from the Board(s) which services homes games who you would judge to be tournament calibre. You may also recommend two (2) officials who you would prefer NOT to work your tournament games.

This form must be submitted via the password-protected online eligibility center by October 14, 2011.

GIRLS VOLLEYBALL REQUEST FOR DIVISION CHANGE

The 2011 Girls Volleyball Tournament will be operated in four divisions. Placement of schools has been based on the girl enrollment as shown in the 2010-11 Membership Directory. Any principal desiring a change to a higher division must make a request to the Volleyball Committee not later than September 30, 2011. Requests for a change in division should be submitted via the password-protected online eligibility center.

Schools electing to move up a division must remain in that division for a period of THREE (3) YEARS. The Volleyball Committee has the authority to approve or deny all requests.

GIRLS VOLLEYBALL TOURNAMENT ROSTER

Tournament rosters (maximum of 18) must be submitted via the password-protected online eligibility center -- by October 28, 2011. Any request for changes after the initial roster is submitted must be made on a "support ticket" via the online eligibility center. Any changes made must be done before the team's first tournament game. Entry fee of \$75 must be mailed to the CIAC office, 30 Realty Drive, Cheshire, CT 06410.

Report all matches won or lost with member schools by 10:00 p.m., Thursday, November 3, 2011. Date of last match to count is Thursday, November 3, 2011. Matches not reported will NOT be considered for tournament qualification. All matches canceled should be reported on tournament entry form in place of score. A canceled match shall not count for tournament qualification or rating unless a canceled game form is filed.

Failure to submit schedule of games may result in disqualification from tournament.

**CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
CONCUSSION MANAGEMENT AND RETURN TO PLAY REQUIREMENTS**

“WHEN IN DOUBT – SIT IT OUT”

A concussion is a type of traumatic brain injury or (TBI), “that changes how the cells in the brain normally work. A concussion is caused by a blow to the head or body that causes the brain to move rapidly inside the skull. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. Concussions can also result from a fall or from players colliding with each other or with obstacles, such as a goalpost” (Centers for Disease Control and Prevention, 2009).

PART I -- SIGNS AND SYMPTOMS OF A CONCUSSION

– A concussion should be suspected if any one or more of the following signs or symptoms are present, or if the coach/evaluator is unsure.

1. Signs of a concussion may include (what the athlete looks like):

- Confusion / disorientation / irritability
- Trouble resting / getting comfortable
- Lack of concentration
- Slow response / drowsiness
- Incoherent / slurred speech
- Slow / clumsy movements
- Loss of consciousness
- Amnesia / memory problems
- Act silly / combative / aggressive
- Repeatedly ask same questions
- Dazed appearance
- Restless / irritable
- Constant attempts to return to play
- Constant motion
- Disproportionate / inappropriate reactions
- Balance problems

2. Symptoms of a concussion may include (what the athlete reports):

- Headache or dizziness
- Nausea or vomiting
- Blurred or double vision
- Over sensitivity to sound / light / touch
- Ringing in ears
- Feeling foggy or groggy

Note: Public Act No. 10-62 requires that a coach MUST immediately remove a student-athlete from participating in any intramural or interscholastic athletic activity who (A) is observed to exhibit signs, symptoms or behaviors consistent with a concussion following a suspected blow to the head or body, or (B) is diagnosed with a concussion, regardless of when such concussion or head injury may have occurred.

PART II – RETURN TO PARTICIPATION (RTP)

– Currently, it is impossible to accurately predict how long concussions will last. There must be full recovery before someone is allowed to return to participation. Connecticut Law now requires that no athlete may resume participation until they have received written medical clearance from a licensed health care professional (Physician, Physician Assistant, Advanced practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.

Concussion management requirements:

1. No athlete SHALL return to participation (RTP) on the same day of concussion.
2. Any loss of consciousness, vomiting or seizures the athlete MUST be immediately transported to the hospital.
3. Close observation of an athlete MUST continue following a concussion. This should be monitored for an appropriate amount of time following the injury to ensure that there is no escalation of symptoms.
4. Any athlete with signs or symptoms related to a concussion MUST be evaluated from a licensed health care professional (Physician, Physicians Assistant, Advanced Practice Registered Nurse, Athletic Trainer) trained in the evaluation and management of concussions.

5. The athlete **MUST** obtain written clearance from one of the licensed health care professionals mentioned above directing them into a well defined RTP stepped protocol similar to one outlined below. If at any time signs or symptoms should return during the RTP progression the athlete should cease activity*.
6. After the RTP protocol has been successfully administered (no longer exhibits any signs or symptoms or behaviors consistent with concussions), final written medical clearance is required by one of the licensed health care professionals mentioned above for them to fully return to unrestricted participation in practices and competitions.

Medical Clearance RTP Protocol (Recommended one full day between steps)

Rehabilitation stage	Functional exercise at each stage of rehabilitation	Objective of each stage
1. No activity	Complete physical and cognitive rest until asymptomatic. School may need to be modified.	Recovery
2. Light aerobic activity	Walking, swimming or stationary cycling keeping intensity, <70% of maximal exertion; no resistance training	Increase Heart Rate
3. Sport Specific Exercise	Skating drills in ice hockey, running drills in soccer; no head impact activities	Add Movement
4. Non-contact training drills	Progression to more complex training drills, i.e., passing drills in football and ice hockey; may start progressive resistance training	Exercise, coordination and cognitive load
5. Full Contact Practice	Following medical clearance, participate in normal training activities	Restore confidence and assess functional skills by coaching staff

* If at any time symptoms should return during the RTP progression the athlete should stop activity that day. If the athlete’s symptoms are gone the next day, s/he may resume the RTP progression at the last step completed in which no symptoms were present. If symptoms return and don’t resolve, the athlete should be referred back to their medical provider.

References:

1. NFHS. Concussions. 2008 NFHS Sports Medicine Handbook (Third Edition). 2008: 77-82.
<http://www.nfhs.org>
2. McCrory, Paul MBBS, PhD; Meeuwisse, Willem MD, PhD; Johnston, Karen MD, PhD; Dvorak, Jiri MD; Aubry, Mark MD; Molloy, Mick MB; Cantu, Robert MA, MD. Consensus Statement on Concussion in Sport 3rd International Conference on Concussion in Sport Held in Zurich, November 2008. Clinical Journal of Sport Medicine: May 2009 - Volume 19 - issue 3 - pp 185-200
http://journals.www.com/cjsportsmed/Fulltext/2009/05000/Consensus_Statement_on_Concussion_in_Sport_3rd.1.aspx
3. Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports*.
http://www.cdc.gov/NCIPC/tbi/Coaches_Tool_Kit.htm.
4. U.S. Department of Health and Human Services Centers for Disease Control and Prevention. *A Fact Sheet for Coaches*. (2009). Retrieved on June 16, 2010. [Http://www.cdc.gov/concussion/pdf/coaches_Engl.pdf](http://www.cdc.gov/concussion/pdf/coaches_Engl.pdf)

Resources:

- Centers for Disease Control and Prevention. *Injury Prevention & Control: Traumatic Brain Injury*. Retrieved on June 16, 2010.
<http://www.cdc.gov/TraumaticBrainInjury/index.html>
- Centers for Disease Control and Prevention. *Heads Up: Concussion in High School Sports Guide for Coaches*. Retrieved on June 16, 2010.