

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

2005 BOYS SWIMMING AND DIVING CHAMPIONSHIPS

1. The 2005 Boys Swimming and Diving Championships will be operated in four divisions. Placement of schools has been based on the boy enrollment in grades 10, 11 and 12 as shown in 2003-2004 Membership.

LL Division - 596 and over boys
L Division - 433 - 595 boys

M Division -323 - 433 boys
S Division - Up to 322 boys

2. Only institutional members of the Conference may enter these championships.

3. a. In order to qualify individuals must be members of a team which has had a minimum of four (4) dual meets with CIAC member schools and in addition must meet the following minimum standards. Individuals may compete in two (2) individual events and two (2) relays or in one (1) individual event and three (3) relays.

Qualifying standards for swimming and diving must be met in a CIAC or National Federation sanctioned meet.

b. A coach may enter four (4) competitors in each individual event as long as they all meet the qualifying standards. A coach may enter one relay team for each relay event. This rule is in compliance with the National Federation rules concerning championship meets.

	<u>LL Auto</u>		<u>L Auto</u>
200 Yd. Medley Relay	*		*
200 Yd. Freestyle	2:00.50		2:04.00
200 Yd. Ind. Medley	2:19.50		2:21.00
50 Yd. Freestyle	24.37		24.70
Diving (dual meets)	8.8 DD & 150 points		8.8 DD & 150 points
100 Yd. Butterfly	1:02.55		1:03.50
100 Yd. Freestyle	54.00		55.00
500 Yd. Freestyle	5:40.00		5:40.00
200 Yd. Freestyle Relay		*	*
100 Yd. Backstroke	1:04.50		1:05.00
100 Yd. Breaststroke	1:10.00		1:11.00
400 Yd. Freestyle Relay	*		*
	<u>M Auto</u>		<u>S Auto</u>
200 Yd. Medley Relay		*	*
200 Yd. Freestyle	2:04.50		2:07.50
200 Yd. Ind. Medley	2:25.00		2:25.00
50 Yd. Freestyle	25.00		24.80
Diving	8.8 DD & 150 points		8.8 DD & 150 points
100 Yd. Butterfly	1:05.00		1:07.00
100 Yd. Freestyle	55.00		55.50
500 Yd. Freestyle	5:40.00		5:45.00
200 Yd. Freestyle Relay		*	*
100 Yd. Backstroke	1:06.00		1:06.00
100 Yd. Breaststroke		1:12.00	1:12.00
400 Yd. Freestyle Relay	*		*

* Indicates that each team is allowed one entry in the 200 Medley Relay, 200 Freestyle Relay and 400 Freestyle Relay without regard to a qualifying time.

** The DD (degree of difficulty) stated above in the qualifying standards must be the total degree of difficulty for the five (5) optional dives done in a dual meet, that is in a six (6) dive program. The degree of difficulty of the voluntary dive is not to be counted. The required point total and the required DD must be done in the same meet.

*** A diver may also qualify for competition in the state championship using an 11 dive championship program. The diver must score at least 260 points and have a total of at least 11.0 DD for the six optional dives.

Divers MUST prove that they have performed the combined DD and required points before they will be allowed to enter the championship trials.

2005 Boys Swimming and Diving Championships - 2

Proof of having met the requirements for entry into divisional competition must be submitted to the meet director prior to diving warm-up.

4.
 - a. An individual or team may not compete in the championships unless accompanied by the coach or an authorized adult as noted on the principal's written authorization. If someone other than the coach accompanies the individual or team, he/she should indicate this to the meet director upon arrival at the site. This rule applies to the diving trials as well as the swimming trials.
 - b. For both class and Open meets, the total degree of difficulty for the six (6) optional dives on the 11 dive championship diving score sheet MUST meet the following requirements: LL -11.0; L - 11.0; M - 11.0; S - 11.0.
 - c. The best eighteen (18) performances in each event, at the trials, will qualify for Divisional Championships.
 - d. The best eighteen (18) swimming performances in each event from all the Divisional Championships combined will qualify for the Open Championship Meet. Any of the eighteen (18) finalists can advance either by "scratches" or "better time" in the finals.
 - e. FOR DIVING (STATE OPEN) THE TWENTY (20) TOP SCORERS PLUS ANY DIVERS IN THE TOP THREE (3) OF EACH DIVISIONAL CHAMPIONSHIP MEET, NOT ALREADY INCLUDED IN THE TOP TWENTY (20), WILL BE INVITED. THE 21ST AND 22ND SCORER WILL SERVE AS ALTERNATES.
 - f. A 25-minute break is scheduled between events #5 and #6 at the qualifying meets.
 - g. All meets shall be governed by the 2004-05 National Federation Swimming and Diving Rules.
 - h. CIAC Interpretation of National Federation Rule on Championship and Consolation Heats: Open Meet -- "A finalist may advance."

Declared false start: the championships are one (1) meet from the trials through the Open meet. A declared false start may be taken during the trials and finals. A competitor does not gain further eligibility once he has participated at any level of competition, cf rule 3-2-1. A competitor who declares a false start is considered to have participated in the event.

- i. Swimming warm-up will consist of both circle swimming and one-way sprints. There will be absolutely no diving into lanes designated for circle swimming.
 - j. The decision of the Boys Swimming Committee relative to the operation of the Championships shall be final.
5. **Awards:**
 - a. Divisional Championship Meets -- Medals awarded for first SIX (6) places.
 - b. Open Meet -- Medals awarded for first SIX (6) places.
 - c. Team Award -- CIAC plaques will be given to each divisional and open team champion and runner-up.

6. **Admission Fees:**
Children five (5) and under – Free; Senior Citizens (age 65 and older) – \$5.00; Students (grades 1-12) – \$5.00
Adults (All others not in the above categories) – \$7.00

Pre-sale tickets will be available for events which require advanced sales for proper management of the event. All pre-sale tickets will be sold at the above prices. There will be no discounting of pre-sale tickets.

7. **Supervision:** Team coaches (limit of two), athletic director, administrative personnel assigned to supervisory responsibilities and CAIO officials with current membership card will be allowed free admission.

8. **QUALIFYING MEETS**

ALL FOUR DIVISIONS WILL HOLD THEIR DIVING TRIALS AND FINALS ON THURSDAY, MARCH 10, 2005 AT THE SAME LOCATION AS THE DIVISIONAL SWIMMING TRIALS. THE WARM-UP WILL COMMENCE AT 3:30 p.m. AND THE COMPETITION WILL BEGIN AT 5:30 p.m. IF THERE IS A CANCELLATION OF THE DIVING BECAUSE OF INCLEMENT WEATHER ON MARCH 10TH, THE DIVING WILL BE HELD ON FRIDAY, MARCH 11, 2005.

IF THE SWIMMING TRIALS ARE CANCELLED BECAUSE OF INCLEMENT WEATHER ON SATURDAY, MARCH 12TH, THE SWIMMING TRIALS WILL BE HELD ON SUNDAY, MARCH 13, 2005.

LL -- March 12 -- Hamden High School, Hamden -- Swimming 3:30 p.m.
Meet Director - Nate Hill, Hamden High School, Hamden 06514
School: (203) 407-2040, Home: (203) 248-3232 Pool: (203) 407-2040 X 3005
E-mail address is: nhill213@netzero.net

L -- March 12 -- Southern Connecticut State University, New Haven -- Swimming 3:30 p.m.
Meet Director - Todd Rainey, Amity Jr. High School, Orange
School: (203) 392-3200 Home: (203) 248-2030
E-mail address is: j.rainey@snet.net

M -- March 12 -- Middletown High School, Middletown -- Swimming 3:30 p.m.
Meet Director - George Baldwin, Middletown High School 06457
School: (860) 704-4566, Home: (860) 347-5975 Pool: (860) 704-4577
E-mail address is: glb1431@cs.com

S -- March 12 -- Watertown High School (diving at Plainville HS) -- Swimming 3:30 p.m.
Meet Director - Randy Doucette, Plainville High School
School: (860) 793-3220, Home: (860) 675-3554 Pool: (860) 793-3220 X 523
E-mail address is: prdoucette@snet.net

All Divisions -- The warm-up for Swimming Trials will begin at 1:30 p.m. THE DOORS TO THE POOLS WILL NOT OPEN BEFORE THAT TIME.

9. **CHAMPIONSHIP FINALS**

- S- March 16 -- Wesleyan University - Freeman Center
Meet Director - Randy Doucette, Plainville High School
Finals - 6:00 p.m.
- M - March 16 -- Southern Connecticut State University - Moore Field House
Meet Director - George Baldwin, Middletown High School
Finals - 6:00 p.m.
- L - March 15 -- Wesleyan University - Freeman Center
Meet Director - Todd Rainey, Amity Jr. High School, Orange
Finals - 6:00 p.m.
- LL- March 15 -- Southern Connecticut State University - Moore Field House
Meet Director - Nate Hill, Hamden High School, Hamden
Finals - 6:00 p.m.

10. **OPEN CHAMPIONSHIP MEET**

March 19 -- Yale University - Kiputh Pool
Meet Director - Bruce Jaffe, Fairfield Prep, Fairfield 06824
School (203) 254-4200 ext. 2506; Home (203) 335-5860 Pool: (203) 254-4000 ext. 3949
Finals - 6:00 p.m.
E-mail address is: bjaffe@snet.net

DIVING COMPETITION FOR THE OPEN WILL BE HELD ON FRIDAY, MARCH 18, 2005. THE WARM-UP WILL BE HELD AT 4:00 p.m. AND COMPETITION WILL BEGIN AT 6:00 p.m. IN THE OPEN MEET ON SATURDAY, MARCH 19, 2005, THE TOP 6 DIVERS WILL DO THREE EXHIBITION DIVES. SWIMMING WARM-UP FOR THE OPEN WILL BEGIN AT 4:30 p.m. THE DIVING WARM-UP FOR THE EXHIBITION DIVING AT THE OPEN WILL BEGIN AFTER THE COMPLETION OF THE 50 FREESTYLE.

NOTE: Questions on swimming or diving rules should be referred to the CIAC Rules Interpreter -- Mr. George Ford
(203) 374-1593.

2004-05 BOYS SWIMMING TOURNAMENT DIVISIONSLL -- (600 and Over (22))

Bristol Eastern/Central **	1036
Danbury	957
East Hartford	752
Enfield/Fermi **	802
Fairfield - Warde / Ludlowe **	857
Fairfield Prep.	655
Glastonbury	677
Greenwich	946
Hamden	816
Ledyard / Stonington **	637
Manchester	760
New Haven - Wilbur Cross	619
North Haven / North Branford **	637
Norwalk / Brien McMahon **	1075
Norwich Free Academy	793
Shelton	641
Southington	771
Stamford / Westhill **	1447
Storrs-E.O. Smith / Tolland **	759
Stratford / Bunnell **	814
Trumbull	710
Waterbury - Crosby/Kennedy/Wilby **	1194

M Division --- 348 - 454 (20)

Bethel	354
Branford	414
Brookfield	349
Darien	365
East Haven	407
Guilford	432
Madison - Daniel Hand	366
Meriden - Maloney	431
Meriden - Platt	411
Middletown	383
Milford - Foran	349
New Canaan	408
Seymour	353
Southbury - Pomperaug	445
Torrington	426
Wallingford - Lyman Hall	422
Wallingford - Sheehan	348
Wethersfield	404
Wilton	454
Windham	374

L Division-- 455 - 599 (21)

Cheshire	559
East Lyme	477
Farmington	506
Groton - Fitch Sr.	538
Hartford - Bulkeley	575
Middletown - Xavier	596
Monroe - Masuk	468
Naugatuck	578
New London/Montville **	554
New Milford	599
Newington	558
Newtown	571
Ridgefield	535
Simsbury	588
West Hartford - Conard	477
West Hartford - Wm. Hall	551
West Haven	571
West Haven - Notre Dame	524
Westport - Staples	525
Windsor	532
Woodbridge - Amity	597

S -- Up to 347 (26)

Avon	307
Beacon Falls - Woodland Reg.	269
Bristol - St. Paul Catholic	96
Burlington - Lewis Mills	239
Cromwell	149
Falls Village - Housatonic Valley	226
Hartford Public	310
Higganum - Haddam-Killingworth	231
Litchfield	152
Wamago Reg., Litchfield	128
New Fairfield	322
Old Saybrook	173
Plainville	287
Redding - Joel Barlow	322
Rocky Hill	261
South Windsor	347
Uncasville - St. Bernard	136
Washington- Shepaug Valley	158
Waterbury - Sacred Heart	174
Waterbury - Holy Cross	298
Waterford	324
Watertown	321
West Hartford - N.W. Cath.	216
Weston	218
Winsted - Gilbert	187
Winsted - N.W. Reg.	295

** Cooperative teams

CIAC BOYS SWIMMING CHAMPIONSHIPS
Entry Procedure

- A. Entry Fee: \$50.00 per team, plus \$3.00 per each individual event that each swimmer enters, made payable to CIAC. The \$50 team fee includes all relays. Present or send check to C.I.A.C. Headquarters.

Example of Entry Fee: School X enters only relays -- entry fee would be \$50. School X enters swimmer in 200 Medley Relay and same swimmer in 100 Yd. Butterfly -- entry fee would be \$53.00 (\$50 for school and \$3.00 for each individual event entered.) **School X enters a swimmer in the 100 Yd. Freestyle, no relays, he is their only entry - entry fee \$53. (\$50 for the entry of the school in the championship meet and \$3 for the individual event the swimmer entered.)**

- B. Entry forms and diving score sheets must be submitted via the password-protected online eligibility center NOT LATER THAN MONDAY, MARCH 7, 2005, 4:00 P.M.

- C. **LATE ENTRIES WILL NOT BE ACCEPTED.**

Entry Form Instructions

All names on the entry form must comply with the rules and regulations of the CIAC.

ALL DIVING ENTRIES WILL BE DONE ELECTRONICALLY via the password-protected online eligibility center. The diving information must be put on the diving scoresheet. The diving form must be at CIAC headquarters by 4:00 p.m. on Monday, March 7, 2005. Confer with Rule 9-4-1 for order of dives and DD requirement.

25 YARD-METER AND 25 METER-YARD CONVERSION FACTORS
MEN

	<u>Yard-Meter</u>	<u>Meter-Yard</u>
200 Medley Relay	1.115	0.8969
200 Freestyle	1.108	0.9025
200 Ind. Medley	1.111	0.9001
50 Freestyle	1.119	0.8937
100 Butterfly	1.114	0.8977
100 Freestyle	1.111	0.9001
500 Yd/400 M Freestyle	0.8780	1.1391
500 Yd/500M Freestyle	1.100	0.9091
200 Free Relay	1.116	0.8961
100 Backstroke	1.111	0.9001
100 Breaststroke	1.110	0.9009
400 Freestyle Relay	1.114	0.8977

WOMEN

200 Medley Relay	1.116	0.8961
200 Freestyle	1.108	0.9025
200 Ind. Medley	1.110	0.9009
50 Freestyle	1.115	0.8969
100 Butterfly	1.111	0.9001
100 Freestyle	1.112	0.8993
500 Yd/400 M Freestyle	0.877	1.1406
500 Yd/500 M Freestyle	1.100	0.9091
200 Free Relay	1.117	0.8953
100 Backstroke	1.111	0.9001
100 Breaststroke	1.112	0.8993
400 Freestyle Relay	1.114	0.8977

For additional information contact:

Bob Hartman
Looms Chaffee School
Windsor, CT 06095

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

CHANGES OR CLARIFICATIONS IN QUALIFYING OR ENTRY PROCEDURES FOR 2005

1. THE CIAC REQUIRES ALL COACHES TO USE THE ELECTRONIC ENTRY FORM VIA THE PASSWORD-PROTECTED ONLINE ELIGIBILITY CENTER. YOUR PRINCIPAL HAS THE ENTRY CODE. SWIMMING AND DIVING ENTRIES MUST BE DONE ELECTRONICALLY. SWIMMING AND DIVING ENTRIES, DIVING FORMS AND THE OFFICIAL SWIMMING ENTRY FORM VERIFYING MEDICAL AND ACADEMIC ELIGIBILITY MUST BE DONE ELECTRONICALLY. ALL ENTRY INFORMATION MUST BE RECEIVED BY 4:00 P.M., MONDAY, MARCH 7, 2005.
2. AT THE DIVISIONAL CHAMPIONSHIPS, THERE WILL BE THREE (3) HEATS OF SIX (6) SWIMMERS IN THE FINALS. SWIMMERS WILL BE "LOCKED" IN THEIR HEATS FOR THE DIVISIONAL FINALS.
3. The diving forms / score sheet must be completed electronically via the password-protected online eligibility center. The diving forms must be signed by both the diver (full name) and the coach at the time of the meet.
4. The qualifying standards for diving may be done either in a dual meet (DD Total of 8.8 on the 5 optional dives) or in a championship meet. If a championship meet program is used the diver must have scored at least 260 points and have a total of at least 11.0 DD on the six optional dives.
5. A coach or authorized individual must be present for the diving trials or the diver will not participate.
6. AT ALL DIVISIONAL MEETS AND THE OPEN MEET, SWIMMERS, WHO ARE NOT PARTICIPANTS, ARE EXPECTED TO PAY AN ADMISSION FEE IN ORDER TO BE A SPECTATOR.
7. At the Open Meet, all team members are to be in the stands except when competing. COACHES AND ATHLETES ENTERED IN THE MEETS ARE TO REMAIN IN THE AREA DESIGNATED FOR THEM BY MEET MANAGEMENT OR REFEREE. Violators are subject to disqualification or ejection. This rule will be rigidly enforced.
8. The championships are considered one (1) meet from the trials through the Open Meet. A declared false start may be taken at the trials and the finals.
9. A swimmer may compete in no more than two (2) individual events and two (2) relays or one (1) individual event and three (3) relays.
10. SCHOOLS MAY ENTER RELAYS WITH A SEED TIME BUT WITHOUT SWIMMERS' NAMES. RELAY CARDS, LISTING THE FULL NAMES OF THE FOUR SWIMMERS DESIGNATED TO SWIM IN THE RELAY MUST BE TURNED INTO THE MEET DIRECTOR, AT THE DESIGNATED TIME, PRIOR TO THE EVENT.
11. **IN CASE OF INCLEMENT WEATHER CALL (203) 250-1111 TO FIND OUT WHETHER THE EVENT HAS BEEN POSTPONED – IT WILL ALSO APPEAR ON OUR WEBSITE ADDRESS: www.casciac.org The CIAC fax number is (203) 250-1345.**
12. In entry procedure 4c, the top 20 scorers in diving are selected plus three (3) from each divisional championship meet not already included. If the swimming committee needs to select additional divers from a given class in order to have three from each class, only the divers from the class without its full three diver complement will be selected.
13. **DIVISIONAL DIVING TRIALS AND FINALS FOR ALL DIVISIONS WILL BE HELD ON THURSDAY, MARCH 10, 2005. The diving will be held at the same location as the divisional swimming trials. Warm-ups for the divers will commence at 3:30 p.m. and competition will begin at 5:30 p.m.**
14. In case of cancellation due to inclement weather on Saturday, March 12, 2005, the swimming trials will be held on Sunday, March 13, 2005.
15. The scoring for the divisional meets will use the 18 swimmer scoring format in the National Federation rulebook as of September 2004.

A REMINDER

National Federation rules require that the following equipment must be provided by the home team for all CIAC-sponsored swim events. These rules cannot be waived.

A. Blood Treatment Kit

Minimum – Something to stop the bleeding
 Rubber Gloves
 Blood treatment product (like clorox)
 Container for disposal of blood stained material
 Container to put blood disposal container in
 Bandage products

B. Required

Back-up timers with non-electric timing device calibrated to a minimum of a hundredth of a second when automatic timing is being used. At least one of these timers per lane.

Note: Electronic push button devices attached to the automatic system does not meet this requirement.

C. A recall device (of some kind). See rule if recall rope used.

D. Deck marked at the 15 meter mark (16.4 yards) from each end of pool on both sides of pool.

E. Back stroke flags in place approximately seven feet above the water with a minimum of 2 flags per lane. See rule for other size and alternating color requirement (i.e. 6-12 inches wide, 12-18 inches long, etc.)

F. Scorekeeper (with a permanent score record form).

These items are required by CIAC and cannot be waived:

Counters for 500 yard freestyle must be provided by the home team for all entries and they must be used during the event.

2004-05 BOYS SWIMMING TOURNAMENT FORMS LISTING

All tournament forms must be submitted via the online eligibility center section of the CIAC website located at <http://www.casciac.org/elig/eligibility.cgi>. This area of the site requires the school's username and password for entry.

Worksheets for collecting the information needed to submit the online forms can be found on the following pages. These worksheets are intended for giving to coaches to provide information for submission to the school officials who will be filing the information online. Under no circumstances will printed forms be accepted in lieu of submissions via the eligibility center.

The following forms must be submitted for the sport of boys swimming:

1. Entry List - Due March 7, 2005 – 4:00 p.m.*
2. Seeding Sheet - Due March 7, 2005 – 4:00 p.m.*
3. Diving Scoresheet - Due March 7, 2005 – 4:00 p.m.

* For these forms, you may find it easier to print out a copy of the actual web form, instead of using the worksheet, since the web form will be filled in with your eligible players and/or game schedule. Any form in the online eligibility center can be printed without being submitted.

CIAC ONLINE ELIGIBILITY CENTER WORKSHEET

FORM: Boys Swimming Diving Scoresheet

MENU: Swimming (Boys) → Submit Diving Form

INFORMATION REQUIRED:

Name:

Dive Order	Dive Number	Voluntary or Optional	Dive Description	D.D.
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				

Head Coach:

Home Phone: